



This one day course is led by experienced teachers that will equip you with essential skills and confidence to handle a range of outdoor emergencies, ensuring prompt, safe, and effective responses even in remote settings where professional help may not be available.



# EMERGENCY OUTDOOR FIRST AID

FAA Level 3 Award in Emergency Outdoor First Aid (RQF) (603/6228/5)  
Unit: Outdoor Emergency Action (K/508/3085)



## A range of subjects are covered including:

- What is outdoor first aid?
- First aid equipment
- Summon assistance
- Monitoring
- Scene survey
- Primary survey
- Secondary assessment
- Resuscitation
- Disorders of respiration
- Wounds and bleeding
- Hypovolaemic shock



## Maximum 12 students

Minimum age 14  
Minimum workplace age 16



**The assessment** is carried out through practical demonstration and oral questioning.



## 3 year qualification

Repeat of full course to re-qualify



## 1 Day Course

8 hours must be delivered over a minimum of 1 day.

Need to be completed within 4 weeks.  
Training sessions must last a minimum of two hours each.